

**To keep your child safe, they should:**

- ask permission before using the Internet and discuss what websites they are using
- only use websites you have chosen together or child friendly search engines
- only email people they know
- not use their real name when using games or websites on the Internet
- never give out any personal information about themselves such as home address or school address
- tell an adult immediately if they see anything they are unhappy with.

**Talk to your child about these rules and attach next to their computer.**

**Useful websites**

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

[www.kidsmart.org.uk](http://www.kidsmart.org.uk)

[www.nen.gov.uk](http://www.nen.gov.uk)

[www.familiesmatter.org.uk](http://www.familiesmatter.org.uk)

<http://www.childnet.com>

<http://www.saferinternet.org.uk>

**For more information, please visit the school website:**

<http://www.downsellprimary.org>

**Downsell Road**

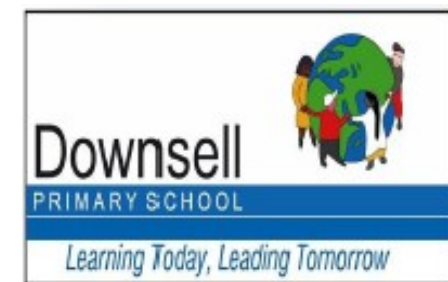
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# The importance of E-Safety for children



## Using the Internet safely at home:

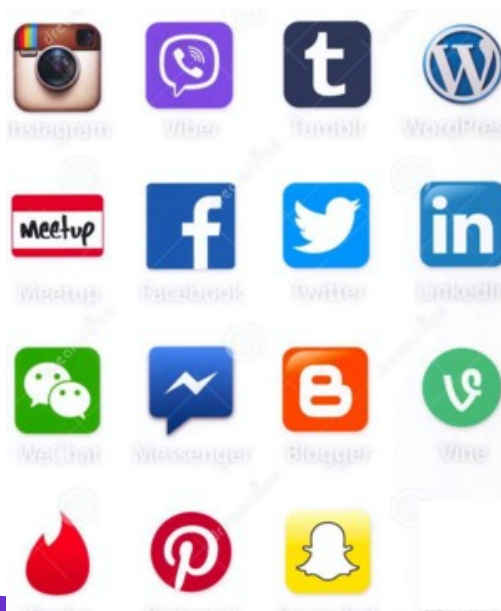
The internet has many benefits for children such as learning new things, getting help with homework, expressing themselves creatively and connecting with friends and family. But using the internet also has **risks**.

Many Internet Service Providers offer filters and tools to help you safeguard your child at home but it is easy for children to access inappropriate material including unsuitable text, pictures and movies.

However, don't deny your child the opportunity to learn from and enjoy using the internet. Instead talk to your child about the importance of keeping safe online.

## Some of the things that children do online which needs to be tracked:

- play games alone or with others through websites, apps or game consoles
- chat with friends and make new ones
- browse the internet for information
- share images and watch videos through websites or mobile apps like Instagram and YouTube



## What can I do as a parent to keep my child safe online?

- talk to your child about how they can stay safe online
- set rules about what they can do and agree boundaries of how they should behave
- use parental controls on social networks and online games
- take an interest in what your child does online

